Competitor Rules:

1. **HAVING FUN IS MANDATORY!**
   a. Crew costumes are highly encouraged.

2. **Safety** – The safety of the participants, spectators, staff, and competitions is the number one priority and should be treated as such for all races. **It is mandatory all competitors wear a PFD while racing.**

3. **Competition** - Competitors must be seated while paddling once a race has started until crossing over the finish line.

4. **Boat Design** –
   a. Boats and paddles must be made **PRIOR TO THE RACE.**
   b. The boat's hull must be made **ONLY** of corrugated cardboard and sealed with duct tape, caulk, glue, latex paint, or varnish. **NO** reinforced cardboard tubes, only broken-down cardboard boxes.
   c. If any illegal items used in construction are discovered during the pre- or post–race inspection, the boat will be disqualified.
   d. Boats must be propelled by the use of cardboard paddles.
      i. Paddles must meet the same construction requirements as the boats.
   e. Boats must be completely enclosed or permit the crew to remain fully on top of the vessel (You are not permitted to have dangling extremities).
   f. The boat’s passenger area must not be enclosed above the occupant’s shoulders so as to interfere with escape should the vessel begin to sink.
   g. Boat design is left to the builders. Let your imagination take over; make your boat look like a race car, flying saucer, dragon, etc. as long as the decoration does not aid in the floatation.

5. **Pre-Race Safety Meeting** – All competitors must attend the pre-race competitor meeting held day-of the event.

6. **Conduct** - It is the competitor’s responsibility to act in a sportsman like fashion, avoid collisions at all times and obey the rules and safety guidelines.
   a. Overly aggressive contact and/or un-sportsmen like conduct will not be tolerated and will result in disqualification as the sole discretion of event organizers. Examples include but are not limited to:
      i. Purposefully obstructing or interfering with another competitor
      ii. Causing damage or bodily harm to another competitor
      iii. Use of profane language toward any persons or competitor
Event Guidelines:

1. Race Begins at approximately 3:00 p.m. and ends at approximately 3:45 p.m. These times are subject to change based on registrations, weather etc.

2. Registration:
   a. Pre-register online at Active.com until 8am on Sunday, September 3rd.
   b. Walk-up registration as space allows the day of available between 10:30 a.m. and 2:30 p.m.

3. Teams:
   a. Teams must be a minimum of two (2) people in the boat; and
   b. Up to two (2) additional people are allowed at the start line to assist with boat launch.

4. Age Requirements:
   a. No age requirements

5. Race organizers will determine the winners of the following categories:
   a. Fastest Boats (must finish race)
   b. Most Dramatic Sinking
   c. Most Creative Design

6. Registration Fees & Prizes:
   a. FREE - Advance registration is preferred
   b. Prizes
      i. 1st place = Avon Recreation Center Family Membership – 1 month for each category
      ii. 2nd place = Avon Recreation Center 5-Visit Punch Card Valued at $54 for each category
      iii. 3rd place = Avon Recreation Center Group Swim Lessons Valued at $45 for each category
      iv. Prizes for 1st, 2nd and 3rd place only, no prizes for participation

7. Race Type
   a. Two points to navigate around and approximately 100-yards. Head toward first designated buoy, second designated buoy and return to shore.

8. Starting and Finishing Procedures
   a. Starting Sequence – The start of the race shall provide a start timing sequence announced at the paddlers meeting that gives the boaters a 3-minute and 1-minute warning before the mass water start.
   a. Beach Start and Finish – Form a straight line identified by physical markers at the beach as well as timing personnel.

***SUP Water Polo - More Family Fun at the SUP Water Polo Field! ***
Available on Sunday, Sept. 3rd
To play check in with SUP CO on-site at Nottingham Lake.
Summer's End Competition Courses
**Subject to change

SUP Squatch Team Race Start / Finish & Timing Personnel and Cardboard Regatta Start
SUP Individual Race Course

SUP Squatch Turn Around Buoy

SUP Race Start/Finish Line & Timing Personnel (2) Personnel
Cardboard Regatta Finish & Timing Personnel

Carboard Regatta Course

Water Safety (3)

Paddle Battles
Sunday, September 3rd, 2023
12pm—4pm
Race Course Maps