



YOGA In THE PARK

Free Summer of Yoga

Presented by The Avon Recreation Center

On the Performance Pavilion Terrace

and in Nottingham Park

9:00 AM

Saturdays

June 8th / 15th / 22nd / 29th

July 6th / 13th / 20th / 27th

August 3rd / 10th / 17th / 24th / 31st

Check the Weekly Fitness Schedule for Class Specifics